

2022 First Tee – Greater Richmond LSE Programs
Safety Protocols

#### **Preface**

For the sake of this document:

All First Tee representatives on-site and involved in programming are referred to as "coaches," whether they are full-time staff, part-time staff, adult volunteers, interns, or junior coaches.

All players engaged in the learning environment are referred to as "players."

All procedures are based on the most recent guidelines provided by local government, and in this case for the state of Virginia. Guidance is subject to change over time and based on the applicable jurisdiction(s).

Please remember that each family and individual is navigating this changing landscape in the way that is best for them, and we must be respectful of each other's choices.

#### **Virus Prevention Procedures**

#### Proper Hygiene:

- Wash hands thoroughly (for a minimum of 20 seconds) and frequently (at least once before and after every class).
- Hand sanitizer and facial tissue are available in high traffic areas.
   Disinfect equipment and learning areas (see below).

#### Face Masks:

- Masks will be optional.
- Those who return to class after having COVID must wear a well-fitting mask for **10 days**.

## Health screening for coaches & players:

- Each day of class, coaches will provide the health screening below to all players and coaches.
- If the coach or player fails the health screening, they will not be able to participate in the class.

#### Ask if:

- Medication was used to lower temperature within the last 10 days
- Player has been exposed to anyone with coronavirus in the last 10 days
- Player is awaiting COVID test results in the last 5 days
- · Experiencing coronavirus or flu like symptoms
  - Coughing
  - Shortness of breath or difficulty breathing
  - Fever
  - o Chills
  - o Muscle pain
  - Sore throat
  - New loss of taste or smell

Pass: No to all questions

Fail: Yes, to any of the questions above. Players and Coaches will be required to leave.

## When should someone stay home?

- If individual or someone in your household has had any cold/flu symptoms in the past 48 hours.
- If someone in your household tests positive for COVID within the last **five** days.
- If participant/coach has been exposed to COVID and has NOT taken a COVID test 48-72 hours after exposure.
- If participant / coach tests positive for COVID, isolate at home for five days
  from the date of the positive test. The participant or coach can return to class
  on Day 6 if fever-free for 24 hours without fever reducing medication and
  has no COVID symptoms. Those who return to class must wear a well-fitting
  mask for 10 days.

# **Equipment**

#### Golf Clubs & Golf Balls:

- All players are required to bring their own clubs.
- Please LABEL golf bags with the player's name.
- If a player does not have their own clubs, a set will be provided.
- After each class day, coaches will sanitize all golf equipment used

## **Class Capacity**

#### Players:

• Depending on State of Virginia and Federal guidelines, at most there will be 12-16 players participating in a single class.

#### Ratio:

- For every 6 players there will be 1 coach.
- Number of coaches and players will be subject to change. Depending on the number of players, the number of coaches can be changed to keep at most a 6 to 1 ratio.

#### Parents:

- Parents must remain outside of the learning environment.
- Parents may use the patio area or any facility sitting areas to observe class
- Parents are encouraged to use the golf facility during class time to decrease the amount of people in one area.
- The goal is to limit the number of total participants at and around the class area.

## **Drop Off and Pick Up Procedures**

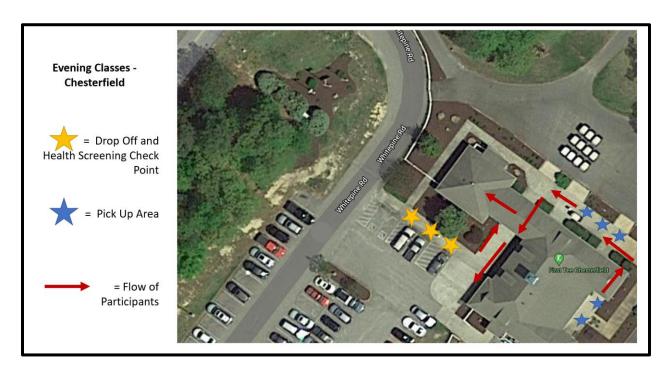
## Drop Off:

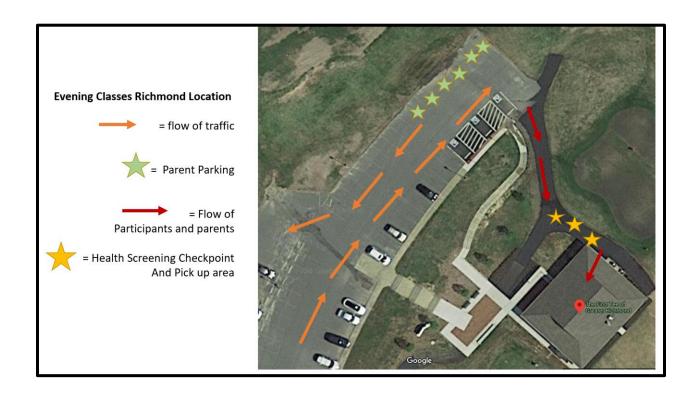
- Parents will park and walk to the entrance of the facility where a coach will be present.
- When a coach is ready to receive the player, the coach will provide the health screening for the player to participate in the class.
- After the passed screening, players will be provided a designated area where they will place their bag, water, snacks.

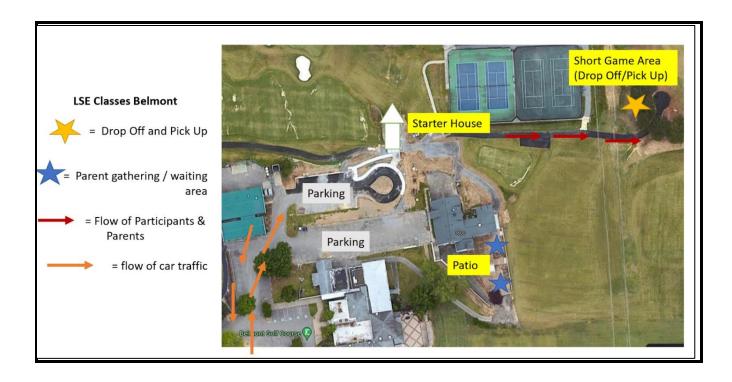
#### Pick-Up:

- At the time of pick-up, a coach will be present dismissing players as parents are in line for pick up.
- Parents are to come to the program area to pick up their child. We will not dismiss children into the parking lot.

# Diagrams for Pick-Up and Drop-Off:







## **Water During Class**

#### Water and Hydration:

- Players will be required to bring a labeled water bottle to class every day.
- Coaches will lead players to water refilling station no more than 5 players at a time during breaks to refill water bottles.

#### FAQ's

# When should someone stay home?

- If someone in your household has had any cold/flu symptoms in the past 48 hours.
- People who are at a higher risk, including those: age 60+, with weakened immune systems, who are pregnant, and those with underlying health conditions including cancer, heart disease, lung disease, or diabetes.
- If someone in your household tests positive for COVID within the last 5 days.
- If participant/coach has been exposed to COVID and has not taken a COVID test 48-72 hours after exposure.
- If participant / coach tests positive for COVID, isolate at home for **five days** from the date of the positive test. The participant or coach can return to class on Day 6 if fever-free for 24 hours without fever reducing medication and

has no COVID19 symptoms. Those who return to class must wear a well-fitting mask for **five days**.

## What if a coach or player does not pass the screening?

Those who do not pass the screening are not permitted to participate and must return home.

#### What if a coach does not comply with the guidelines?

Revisit the expectations and guidelines, and if the coach still does not comply, ask them to go home and/or call the Program Director to report the incident.

#### What if a player does not comply with the guidelines?

Revisit the expectations and guidelines, and if the player still does not comply, make immediate contact with a parent or guardian by phone. Report the incident to the Program Director.

#### How do we provide first aid or medical care while maintaining proper distancing?

If medical care is required, that is the first priority. While the coach should not hesitate to follow First Aid & CPR procedures, including Check, Call & Care, they should first put on a face mask and disposable gloves.

# What if there is an emergency, and evacuation procedures require us to gather in a smaller space or larger group?

In the event of an emergency, where evacuation is necessary, the immediate physical safety of individuals and the group is the priority. Coaches should ensure that is taken care of, and then try to ensure COVID-19 prevention procedures are followed as possible.

## Will the clubs provided need to be returned at the end of the class?

Yes, the clubs provided for players during the class should be returned to coaches at the conclusion of class.

# Will there be ice buckets for players and coaches to keep their drink cold?

Unfortunately, not. In order to keep personal items separate and to keep contact low, players and coaches will keep their personal items at their designated space. Please plan to keep water and other items cold.

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**Contact:** 

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