



2022 First Tee – Greater Richmond LSE Programs
Safety Protocols

Preface

For the sake of this document:

All First Tee representatives on-site and involved in programming are referred to as

“coaches,” whether they are full-time staff, part-time staff, adult volunteers, interns, or junior coaches.

All players engaged in the learning environment are referred to as **“players.”**

All procedures are based on the most recent guidelines provided by local government, and in this case for the state of Virginia. Guidance is subject to change over time and based on the applicable jurisdiction(s).

Virus Prevention Procedures

Proper Hygiene:

- Wash hands thoroughly (for a minimum of 20 seconds) and frequently (at least once before and after every class).
- Hand sanitizer and facial tissue are available in high traffic areas. Disinfect equipment and learning areas (see below).

Face Masks:

- Coaches and players are required to **wear masks inside regardless of vaccination status.**
 - Exceptions:
 - While eating or drinking
 - Exercising
 - Anyone who has trouble breathing or health issues that would put their health at risk by wearing a cloth face covering.

6ft Distance and No touching:

- Players and coaches are to remain 6ft away
- No touching will be allowed of players, coaches to limit contact tracing
- Coaches and players are to use their words and demonstrate coaching

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activities

- This is a great opportunity to showcase sportsmanship through words and gestures: saying "Good Job," giving "air high 5s"
- Only exceptions to emergency situations will be allowed.

Health screening for coaches & players:

- Each day of class, coaches will provide the health screening below to all players and coaches.
- If the coach or player fails the health screening, they will not be able to participate in the class.

Ask if:

- Medication was used to lower temperature
- Player has been exposed to anyone with coronavirus in the last 14 days
- Player is awaiting test results in the last 14 days
- Player has traveled out of the country within the last 14 days
- Experiencing coronavirus or flu like symptoms
 - Coughing
 - Shortness of breath or difficulty breathing
 - Fever
 - Chills
 - Muscle pain
 - Sore throat
 - New loss of taste or smell
- Check temperature with contact-less thermometer

Pass: No to all questions and body temperature is around 98.6 degrees

Fail: Yes, to any of the questions above and body temperature is greater than 100.4 degrees Players and Coaches will be required to leave.

Equipment

Clubs:

- All players are required to bring their own clubs.
- Please **LABEL** golf bags with the player's name.
- If a player does not have their own clubs, a set will be provided.

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- This set will consist of a mix of the following items: putter, wedge, long iron, and wood.

Golf Balls:

- Each player will need to label their golf balls for the duration of class.
- If a player does not have their own golf ball, they will be provided 3 golf balls with identification.
- There will be no exchanging or swapping of the golf balls. Players will keep their golf balls in their bag and will be the only ones able to handle them at class.
- At the end of class, players will return golf balls if borrowed.

First Tee Activity Equipment:

- After each class day, coaches will sanitize all equipment, including cones, alignment rods, hula hoops, noodles, etc. used for the class.

Bag Zone:

- Each player will have a designated cone and mat where they will keep their belongings. This includes their bag, clubs, and water bottle.
- There will be no sharing of any personal belongings.

Class Capacity

Players:

- Depending on State of Virginia and Federal guidelines, at most there will be 12-16 players participating in a single class.

Ratio:

- For every 6 players there will be 1 coach.
- Number of coaches and players will be subject to change. Depending on the number of players, the number of coaches can be changed to keep at most a 6 to 1 ratio.

Parents:

- Parents must remain outside of the learning environment.
- Parents may use the patio area but must socially distant from others using the patio.
- Parents are encouraged to use the golf facility during class time to decrease the amount of people in one area.
- The goal is to limit the number of total participants at and around the class

area.

Drop Off and Pick Up Procedures

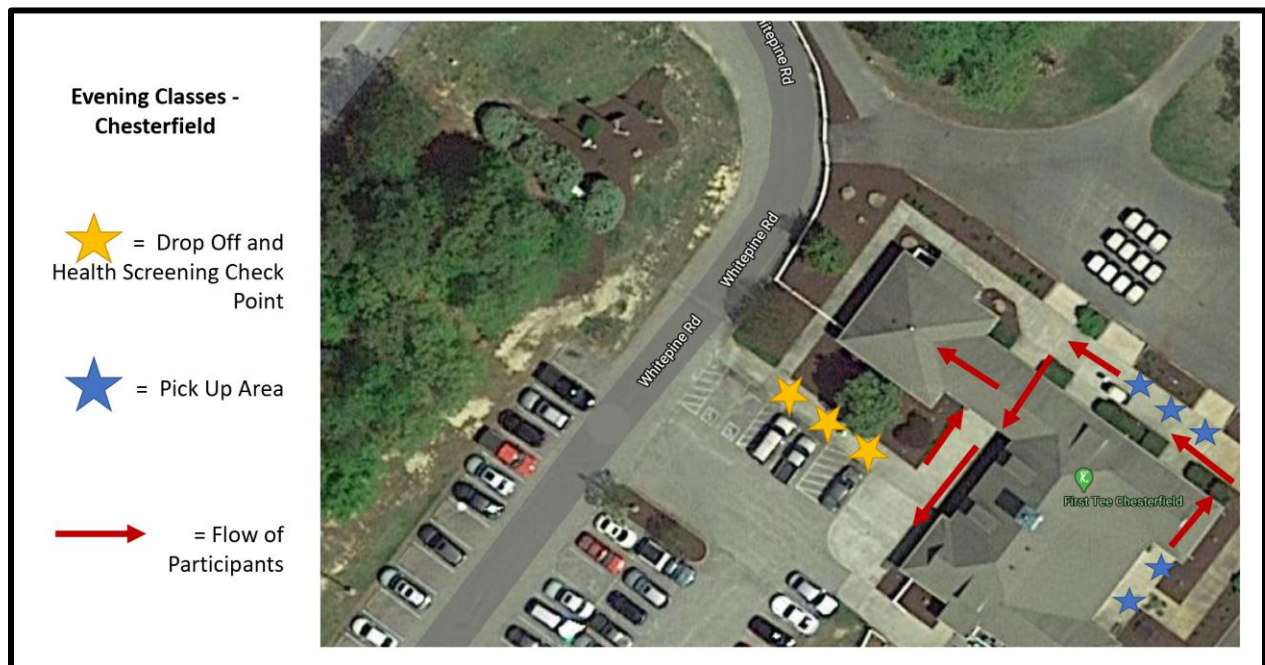
Drop Off:

- Parents will park and walk to the entrance of the facility where a coach will be present. Please wait on the blue dots on the ground until the coach is ready to receive the player
- When a coach is ready to receive the player, the coach will provide the health screening for the player to participate in the class.
- After the passed screening, players will be provided a designated area where they will place their bag, water, snacks.

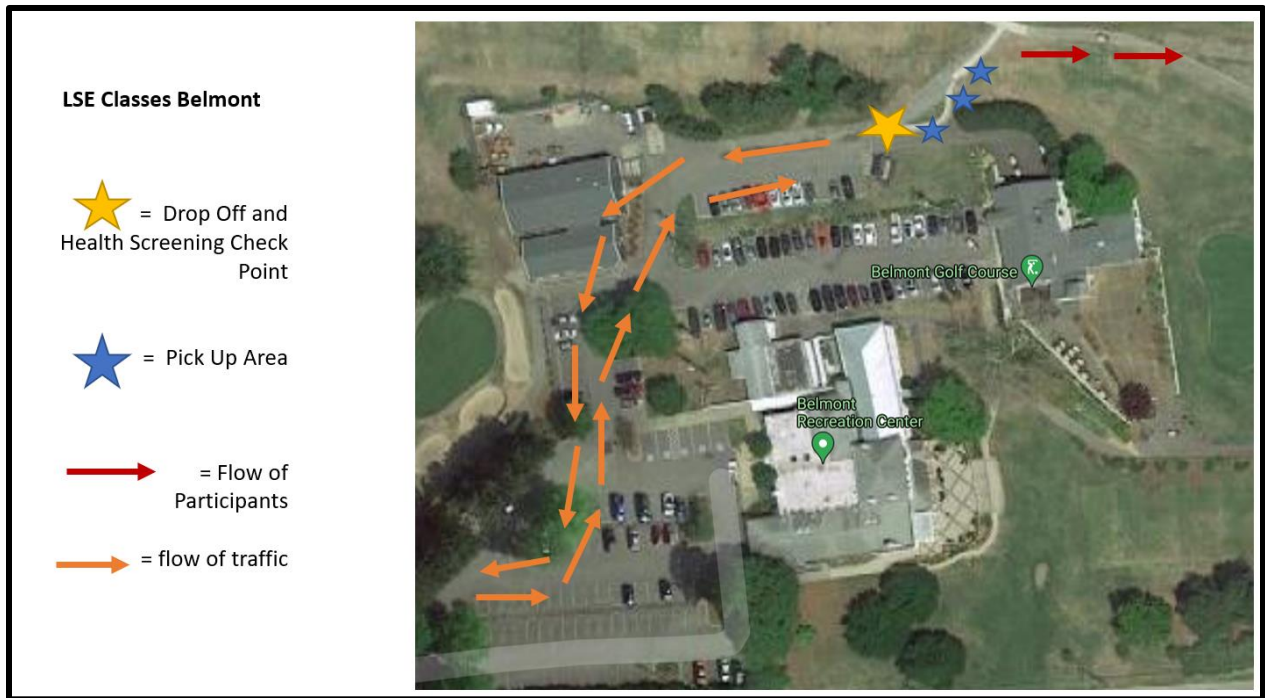
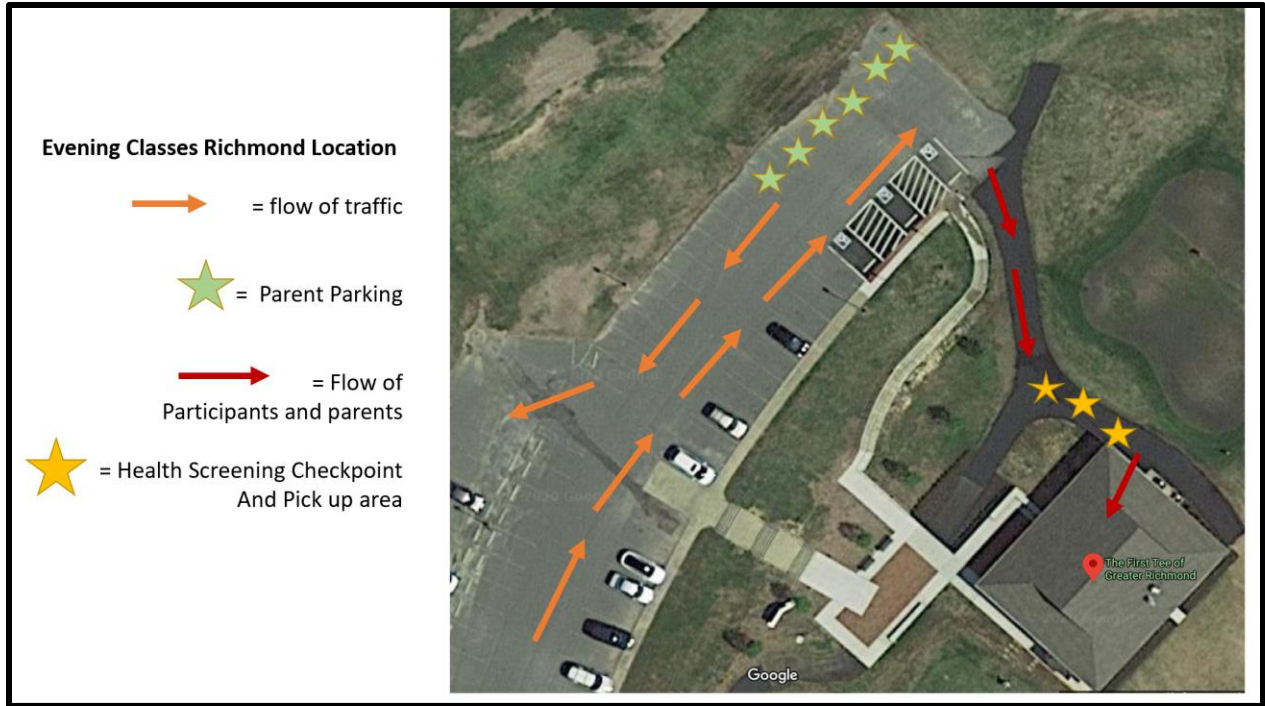
Pick-Up:

- At the time of pick-up, a coach will be present dismissing players as parents are in line for pick up.
- **Parents are to come to the program area to pick up their child. We will not dismiss children into the parking lot.**

Diagrams for Pick-Up and Drop-Off:



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Water During Class

Water and Hydration:

- Players will be required to bring a labeled water bottle to class every day.
- Coaches will lead players to water refilling station no more than 5 players at a time during breaks to refill water bottles. Only coaches will touch the cooler with gloves.

FAQ's

When should someone stay home?

- If someone in your household has had any cold/flu symptoms in the past 48 hours.
- People who are at a higher risk, including those: age 60+, with weakened immune systems, who are pregnant, and those with underlying health conditions including cancer, heart disease, lung disease, or diabetes.

What if a coach or player does not pass the screening?

Those who do not pass the screening are not permitted to participate and must return home.

What if a coach does not comply with the guidelines?

Revisit the expectations and guidelines, and if the coach still does not comply, ask them to go home and/or call the Program Director to report the incident.

What if a player does not comply with the guidelines?

Revisit the expectations and guidelines, and if the player still does not comply, make immediate contact with a parent or guardian by phone. Report the incident to the Program Director.

How do we provide first aid or medical care while maintaining proper distancing?

If medical care is required, that is the first priority. While the coach should not hesitate to follow First Aid & CPR procedures, including Check, Call & Care, they should first put on a face mask and disposable gloves.

What if there is an emergency, and evacuation procedures require us to gather in a smaller space or larger group?

In the event of an emergency, where evacuation is necessary, the immediate physical safety of individuals and the group is the first priority. Coaches should

ensure that is taken care of, and then try to ensure COVID-19 prevention procedures are followed as possible.

Will the clubs provided need to be returned at the end of the class?

Yes, the clubs provided for players during the class should be returned to coaches at the conclusion of class.

Will there be ice buckets for players and coaches to keep their drink cold?

Unfortunately, not. In order to keep personal items separate and to keep contact low, players and coaches will keep their personal items at their designated space. Please plan to keep water and other items cold.

Contact:

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