



## **Morgan Hoff**

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**How has SPORT taught you the importance of goal setting in your life?**

Playing a sport in college has encouraged me to set goals. It is important to set goals in sports because if you don't have goals, it is hard to measure why or what you are working for.

**When have you used your personal CONFIDENCE that you developed through sport to help you in a situation in school or in life?**

My sophomore year of college, I tore my second ACL in my knee. This put me out for the rest of the season, fall ball, and part of the next season. It was hard to stay motivated in rehab, school, and my personal life without the help of lacrosse. Whenever I was having a bad day, I would try to look back on lacrosse when I could play. I was talented and confident and that gave me the motivation to get back to where I wanted to be.

**What do you hope to GAIN during your internship this summer?**

I hope to gain insight on how a nonprofit works. I am excited to learn more about the game of golf and I hope to gain business knowledge and experience that will help me with my career after college.